



Karinya Crisis Accomodation Wish List

When young women enter our service, sometimes they come in with very few of their own belongings. The following list of items reflect some of the necessities to enable these young women to maintain good hygiene and health, help them with their education, be able to engage in activities as most young people do, and feel comfortable in their own space.

Personal Care

- Shampoo, Conditioner and Body Wash (new)
- Toothpaste and Toothbrushes (new)
- Cosmetics (new)
- Skincare
- Deodorants and Roll-ons (new)

Clothing

- Underwear and Bras (new)
- Pajamas (new)
- Socks (new)
- General women's clothing: All different sizes fit for young women
- Shoes: All different sizes fit for young women

Vouchers

- Kmart
- Target
- Coles
- Woolworths
- Cotton-on etc.
- Pharmacy Chemist Warehouse, Priceline
- Educational - Officeworks
- Driving Lessons,

Cash Donations

Cash Donations help young people to access courses, medical necessities such as medications and accessing specialist medical professionals