



Karinya

ANNUAL REPORT

2022

2023



EMPOWERING
YOUNG PEOPLE
TO CREATE SAFE SPACES



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Empowering Young People to create Safe Spaces

About Karinya

Karinya Young Women's Service is an independent, not for profit organisation based in Launceston, Tasmania. The service provides programs across northern Tasmania in the areas of inreach services for young women aged 13-20 years through short term crisis accommodation and outreach services for young families through Karinya Young Mums (KYM) and community tenancy for young families and youth.

Karinya crisis accommodation is funded under the Australian Government Specialist Homelessness Services (SHS) Program administered through the Tasmanian Government Homes Tasmania. Our Karinya Young Mums is funded by the Department for Education, Children and Young People and The Kimberley Foundation.

We are also fortunate to have philanthropic donors whose generous contributions enable us to value add to our program areas.

Established in Launceston in 1979, the service is one of Tasmania's longest serving providers of crisis accommodation for young women and works collaboratively with other providers of youth crisis accommodation services to provide safe, short term accommodation for young women and support to young families and youth.

Mission

Empowering young people to create safe spaces.

Vision

To be a leading provider of services that support the safety and wellbeing of our young people.

Values

HOPE

INTEGRITY

SAFETY

KINDNESS

We believe in every young person's right to safety.

We believe there is hope and opportunity in every young person.

We act with integrity and kindness in all that we do.

We are person-centred. We do what we say. We are honest and transparent.

We always seek to do what is right. We are inclusive and open-minded.

Karinya Young Women's Service acknowledges and pays our respects to the traditional owners of lutruwita, the palawa/pakana people.

Chairperson's Report

The 2022-23 year has been marked by significant governance changes, strategic advancements, and the promising beginnings of new organisational growth during a time of great challenge for the Launceston community. It is with honour and optimism that I share the following highlights of our journey over the past year.

Governance Changes and Board Refinement:

Our commitment to effective governance matured this year, seeing important changes to our Board structure and purpose. We conducted a review and re-write of our Constitution, to reflect contemporary community need and practices, leading to the refinement of our Board's composition and functions. New members joined us, bringing diverse expertise and fresh perspective, serving to strengthening our decision-making processes and contributed to a more dynamic and inclusive leadership team. It is with humility and awe that I serve a Board of highly skilled women dedicated to the safety and progress of all young people in the community.

Strategic Advancements and Organisational Growth:

This year saw the consolidation and implementation of key strategic priorities to encompass broader impact areas. This resulted in the funding, by the Tasmanian Community Fund, of a key case management program, Karinya Youth Transitional Tenancy ('KYTT') that will be implemented in the early stages of next year; this is a program that has been codesigned with staff and young people and aims to fulfil a key need in the housing sector, holistic support for young people to live independently. By aligning our strategy with the evolving needs of our young people, we are better positioned to make a positive, lasting difference in their lives.

Gratitude:

None of our accomplishments would have been possible without the unwavering dedication of our staff, volunteers, supporters, and young people. I would like to express my deepest gratitude to everyone who has contributed their time, skills, resources, and passion to Karinya's purpose. In particular, I extend the deepest thanks to our former Chair, Melissa Snadden, who retired her position with the Board this year to take up other governance adventures in the community. It is her determination, attention to detail, and emphatic energy that established Karinya's strategic direction to one of growth and positive change. In addition, I thank Erin Kirkman, departing the Board this year to pursue a new career in community services, leaving a legacy of connection and kindness at Karinya. Our sincerest thanks to her compassionate gifting program that sees the holiday season become much brighter for our young people and families.

Looking Ahead:

As we reflect on the accomplishments of the past year, we also look ahead with enthusiasm and purpose. We're preparing for the new regulatory changes in Tasmania, manifested in the Child and Youth Safe Framework, which we feel is an important development for the safety of children and young people. Next year, we conduct a comprehensive, 'mid-point' review of our current strategic plan, an opportunity to celebrate achievements as well as realign to future opportunities. The implementation and commencement of review of KYTT will not only serve the young people benefiting from the program itself, but also deliver staff and the Board with key qualitative learning about the lives of local young people, as well as opportunities to continue to codesign person-centred, safe support in our community. With a dedicated Board, a strong staff team, a refined strategy, and renewed sense of purpose, I am excited about our position to make an even greater impact in the lives of young people.

Lisa Amerikanos

Chair

Karinya Management Committee

as at June 2022

CEO/Public Officer

Jane Gaetani-Black

Executive

Lisa Amerikanos **Chair**

Amanda Reily **Vice Chair**

Susan Skinner **Secretary**

Ashley Amore **Treasurer**

Members

Erin Kirkman, **Director**

Libby Newman, **Director**

Suzanne Horder, **Director**

Meagan Barker, **Director**

Claire Smith, **Director**

Natalie Mayes, **Director**



**EMPOWERING YOUNG PEOPLE
TO CREATE SAFE SPACES**

Treasurer's Report 2023

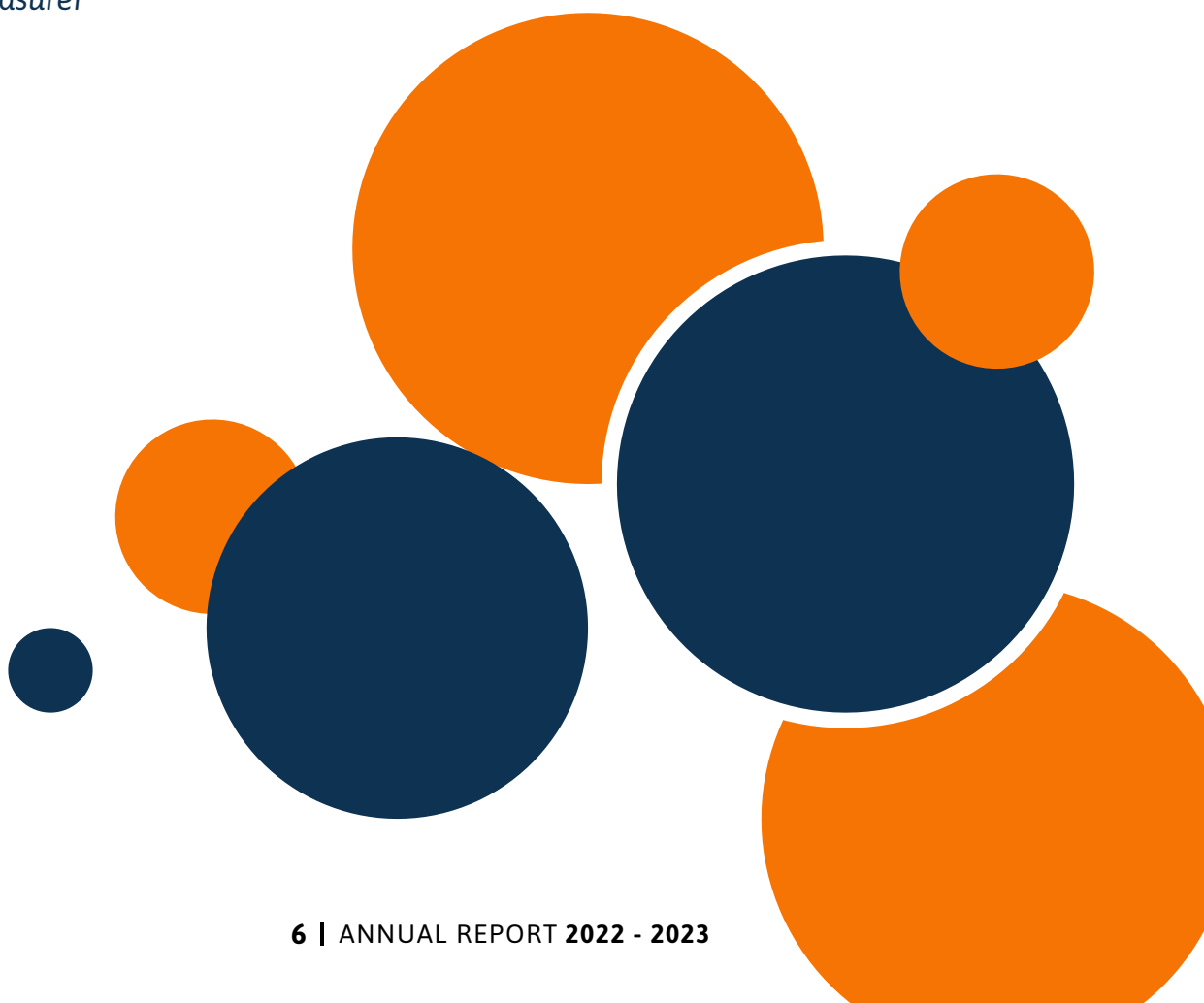
The 2023 financial year resulted in a net surplus of \$96,161 for Karinya Young Women's Service. Total revenue, including donations and grants received from the Department of Communities Tasmania and Department of Health and Human Services, was \$1,435,172, whilst total expenses incurred throughout the year were \$1,339,011.

From a revenue perspective, Karinya performed favourably in comparison to budget, due to overperformance in successful grant submissions and rental occupancies. Despite a material one-off unbudgeted outlay, overall expenditure was favourable to budget due to efficiency improvements in other areas. A strong balance sheet continues to enable Karinya to address longer term strategic goals, including the KYTT program to be launched in September 2023.

The organisation has again focussed on streamlining and updating finance procedures and policies, employing a new finance officer in early 2022. With growing funding and programs, this dedicated resource allows Karinya to continue enhancing accountability and transparency to internal and external stakeholders.

The financial statements were prepared and audited by Preece Accounting for the year ended 30 June 2023. Please see the Independent Auditor's Report and Financial Statements for further detail.

Ashley Amore
Treasurer



Profit & Loss Statement

For the Year Ended 30 June 2023

	Operational Wages	Account	Young Mums and Bubs	Northern Youth Accommodation Coalition	Administration	Total This Year	Prior Year 2022
INCOME	\$ 195,371	\$ 715,556	\$ 426,143	\$ 44,357	\$ 53,745	\$ 1,435,172	\$ 1,375,923
LESS EXPENDITURE	\$ 138,161	\$ 748,138	\$ 360,813	\$ 38,054	\$ 53,845	\$ 1,339,011	\$ 1,290,452
NET OPERATING PROFIT (LOSS)	\$ 57,210	\$ (32,582)	\$ 65,330	\$ 6,303	\$ (100)	\$ 96,161	\$ 85,471



Statement of Financial Position

As at 30 June 2023

	Note	2023 \$	2022 \$
ASSETS			
CURRENT ASSETS			
Cash on hand	1	555,499	509,435
Accounts receivable and other debtors	2	5,394	-
Other current assets	3	1,641	74
TOTAL CURRENT ASSETS		562,534	509,509
NON-CURRENT ASSETS			
Property, plant and equipment	4	73,255	65,082
TOTAL NON-CURRENT ASSETS		73,255	65,082
TOTAL ASSETS		635,789	574,591
LIABILITIES			
CURRENT LIABILITIES			
Accounts payable and other payables	5	49,154	20,487
Borrowings	6	10,000	10,000
Provisions	7	78,602	135,272
Other	8	-	6,516
TOTAL CURRENT LIABILITIES		137,756	172,275
TOTAL LIABILITIES		137,756	172,275
NET ASSETS		498,033	402,316
MEMBERS' FUNDS			
Reserves		161,207	109,053
Retained earnings		336,826	293,263
TOTAL MEMBERS' FUNDS		498,033	402,316



Statement by Board

The board has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note I to the financial statements.

In accordance with a resolution of the board of Kannya Young Women's Service Inc. the board declare that the financial statements as set out on pages 7 & 8:

1. present a true and fair view of the financial position of Karinya Young Women's Service Inc as at 30 June 2023 and its performance for the year ended on that date in accordance with the accounting policies described in Note I to the financial statements and the requirements of the Associations Incorporation Act 1964; and
2. at the date of this statement there are reasonable grounds to believe that Karinya Young Women's Service Inc will be able to pay its debts as and when they fall due.

This statement is signed for and on behalf of the board by:

Chairperson



Lisa Amerikanos

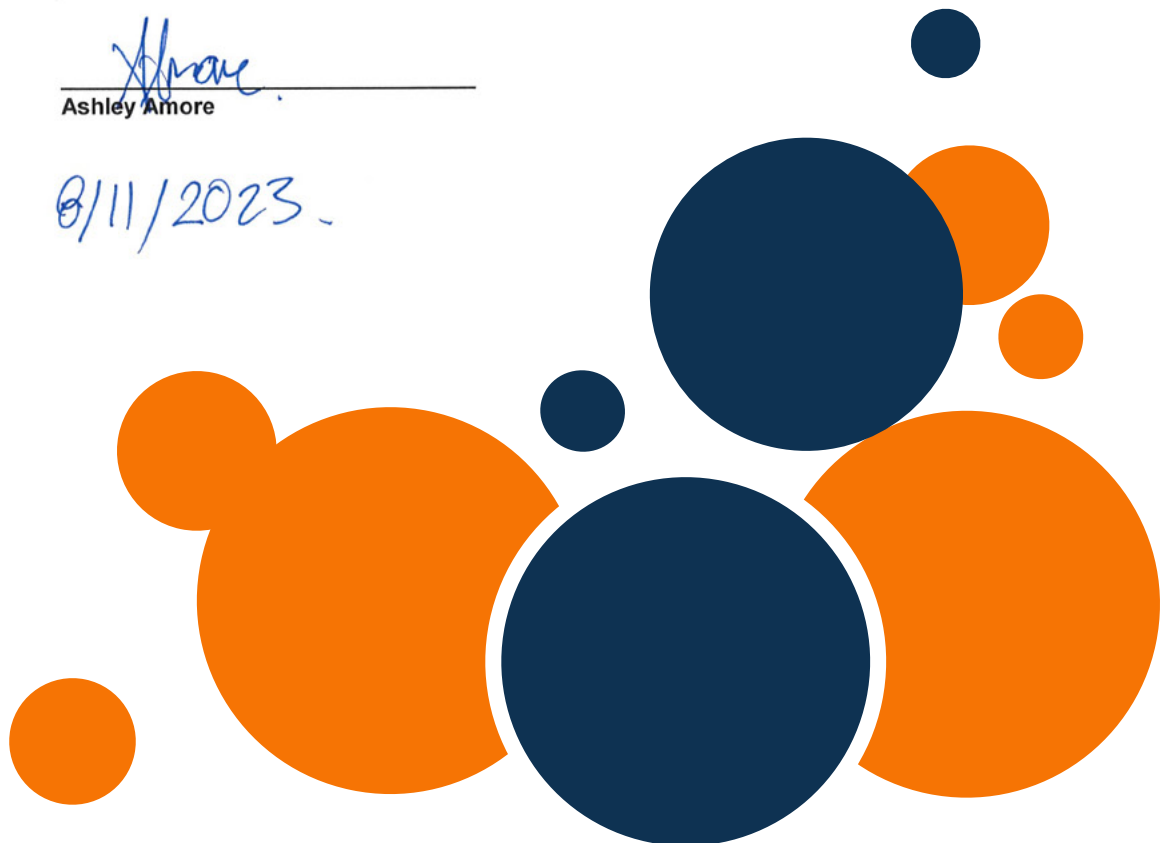
Treasurer



Ashley Amore

Dated:

8/11/2023



Message from CEO

The past twelve months have highlighted how Karinya Young Women's Service continues to make a difference for our young women in crisis, our young families in the community, and our young people who are homeless or at risk of homelessness.

Census data from 2021 reaffirms what we continue to experience regarding service demand, with young people 12-24 representing 29% of the homeless population. This group continues to fall through the cracks in the system as most health and wellbeing support is targeted at 18 years of age and beyond. As a result, we have increased our efforts in lobbying for a national homelessness strategy specifically for young people that targets their unique support needs in addition to accommodation.

Our outreach efforts have expanded, reaching more at-risk youth than ever before. Through partnerships with local schools, shelters, and community organizations, we have identified and supported young people facing homelessness, providing them with safe shelter, nutritious meals, and access to basic household supplies.

Our dedicated staff have worked tirelessly to create a welcoming and inclusive environment where young people can find support and guidance. Through facilitated access to counselling and mentorship programs and by working with our young people individually, we have helped many young people develop their life skills and regain their self-esteem and hope for a better future.

We have expanded our Karinya Young Mums Program in response to the growing demand for support as the only service to provide accommodation and intensive wrap around support for young pregnant teens and young mums.

In June, we were delighted to learn that we were successful in a Tasmanian Community Fund grant process to launch our new Karinya Youth Transitional Tenancy (KYTT) Program. The funding will support a three-year pilot to prevent youth homelessness, focusing on re-engagement in education and employment as a mechanism for breaking the cycle of disadvantage.

Financially, we have remained persistent in our commitment to fiscal responsibility despite the rising cost of living. We have continued allocating resources efficiently, ensuring that most of our funding goes directly into providing shelter, food, and support services to those most need them. Like many services in the community sector that are impacted by increasing demand to do more with less, we continue to work with the Tasmanian Council of Social Services and Shelter Tas, our peak body in the homelessness sector, to improve the financial capacity for organisations.

While we are proud of our progress, we acknowledge that there is much more work to be done. Youth homelessness remains a complex and persistent issue, and we are committed to expanding our efforts in the coming year. We will seek additional partnerships, funding opportunities, and community support to amplify our impact.

In conclusion, I want to express my gratitude to our dedicated staff, Board, donors, and community partners who have made our achievements possible. Together, we will continue impacting youth homelessness and providing essential crisis services to people in need. Your support makes a tangible difference in the lives of those we serve, and we look forward to the year ahead with optimism and determination.

Jane Gaetani-Black
CEO

Our Programs

Karinya is the only provider of young women's crisis accommodation across north and northwest Tasmania and works in partnership with a range of service providers across Tasmania dedicated to urgent, short term housing. We are also the only provider of accommodation together with wrap around services for young pregnant women and young families at risk through Karinya Young Mums. The organisation also provides tenancy management for youth at risk of homelessness aged 16-19 years across the greater Launceston area.

Crisis Accommodation Services

Our shelter accommodation can house up to six young individuals at a time, with the capacity for emergency overnight stays on the couch. In addition, we offer a two-bedroom unit for extended crisis stays, where young people can develop their independent living skills with on-site support.

Karinya also offers a nearby two-bedroom transitional property, which can provide young individuals with the opportunity to move towards independence and embrace a share-house living arrangement. This is particularly crucial as the costs of securing private accommodation continues to move further out of reach for people on low incomes

We provided a total of 1996 bed nights, demonstrating our consistent dedication to offering a safe and stable environment.

The average length of stay at Karinya is 56 nights

45% of the young people accessing Karinya did so due to family/relationship breakdown

The most represented age group was 16, followed closely by 18, showcasing our commitment to aiding young people during their critical transitional phases.

Approximately 30% of individuals had experienced couch surfing before seeking assistance at Karinya

65% were enrolled in education

Shared facilities, including twin rooms, are an ongoing challenge when accommodating young people at Karinya. While beds are no longer being closed due to COVID-19, we saw an increase in necessary bed closures to cater to the complex needs of the more vulnerable young people who rely on the services of our crisis accommodation.



Karinya Young Mums

Karinya Young Mums (KYM) is committed to providing safe, supported and stable accommodation to Tasmania expectant mums and young families with children for up to two years. Knowing that baby's experiences for the first 1,000 days impacts on their health and wellbeing and developmental milestones, the program provides accommodation, case management, education and practical support with a focus on building better long-term outcomes for children.

Our KYM Program has grown during this period and we are now supporting 18 families at any given time in our accommodation across the greater Launceston area and outreach to regional areas across northern Tasmania. We also hold a waiting list due to increasing numbers of referrals and limited exit options for young families exiting the program.

Wherever possible we try to avoid exiting any young person or young family when they have completed our program and are able to live independently. We do this by working closely with community housing programs, Homes Tasmania and the private rental market to secure accommodation.



Over the reporting period, the service has supported 36 families, including 51 babies, toddlers and young children under 6 years of age. Approximately 98% of our families identify Australia as their place of birth with 19% identifying as Aboriginal or Torres Strait Islander and 2 % South African. Without KYM, these families would be living in inadequate and inappropriate dwelling conditions or experiencing housing affordability stress.

KYM Group

KYM Group meets weekly and continues to focus on personal self-growth, intuitive awareness, and building overall life skills. Enabled through the Kimberley Foundation, group participants are our young mums and their babies/toddlers in the KYM Program.

The Group has continued to expand and explore additional activities and education based on building strong foundations with self, peers and community. Over the past 12 months, KYM Group has provided a wide range of activities and educational sessions with a variety of community groups and organisations.

The Group adds value to the KYM Program in terms of creating learning and social opportunities through activities and experiences for parents and babies in a fun and relaxed group setting.

Over 321 attendances at KYM activities were recorded for the year.



Tenancy

Our tenancy programs serve both Karinya Young Mum (KYM) clients and young people facing housing challenges. Currently, our housing management and support team oversee a total of 32 properties dedicated to assisting young people and families at risk.

Within our KYM program, we have 18 two-bedroom properties that are made available through Homes Tasmania. These properties are accessible to KYM program participants 15 to 20 years. Our properties have been consistently occupied for this reporting period.

In our youth housing program, we offer 12 one and two-bedroom units, also made available to Karinya by Homes Tasmania. These properties are available to young people aged 16 to 19 years. These properties have also been consistently occupied during this reporting period.

All of our properties are conveniently located in proximity to public transport, health services and shopping centres. While in our accommodation, the young person is required to be actively engaged with the Case Manager and working towards achieving their health and wellbeing goals, education and employment and exit options when leaving the program.



*A total of 36 families were supported during the reporting period.
A total of 18 young people were accommodated during the reporting period.*

Capability and Capacity Building

Karinya has been fortunate to receive a repeat grant from the MyState Foundation to implement a living skills program for young people transitioning to independence in social youth housing. This is the second year that the Foundation has supported our young people.

A Farrel Foundation grant and TasGas Pipeline grant enabled this program to expand even further in response to the record high number of young people accessing crisis and transitional services. Programs commence when the crisis has passed and the young person is ready to work on their goals to enable a successful transition between fully supported accommodation to achieving independent living and community integration.

*A total of 22 clients were assisted within the program overall.
75% experienced improvement in financial management through budgeting
75% experienced improvement in living skills in cleaning and cooking
30% progressed into transitional accommodation.
50% secured employment
75% re engaged with full-time education.*

Acknowledgements:

Tasmanian community and organisation support for Karinya enables us to continue to provide a range of local services and items for our young people.

Karinya would like to acknowledge its patron, the Honourable Barbara Baker, Governor of Tasmania.

Karinya would like to acknowledge the generous support and assistance received from the following sponsors and partners.

Funding & Philanthropy

Department of Premier and Cabinet
Department of Communities
Department for Education, Children and Young People
Department of Industry, Innovation and Science
Kimberley Foundation
My State Foundation
Farrell Foundation
TasGas Pipeline
Launceston City Council
Street Smart
Ruddicks Chartered Accountants
Commonwealth Bank

Assistance & Support

Shelter Tas
St Vincent de Paul Society - Vinnies
Document Management Tasmania
Effective Naturally
Beggents Launceston
Newstead College
Launceston College
PCYC Launceston
Office of the Anti-Discrimination Commissioner
Door of Hope

Community Groups & Associations

Examiner Newspaper
Soroptimist International Launceston
Friends of Clifford Craig
Rotary Club Launceston
Rotary Club Central
Southern Cross Network
WIN 9 Network
ABC Radio 91.7

Partners

Youth Futures Inc.
Youth, Family and Community Connections Colony47
Family Violence Counselling Support Service
Laurel House
Magnolia Place
Housing Connect
Strong Families Safe Kids
Youth Network of Tasmania
Launceston Women's Legal Service
Family Planning Tasmania
MRC North
Health Promotion North
University of Tasmania
Tasmania Police
Mission Australia
Catholic Care Tasmania
Anglicare Tasmania
Launceston Medical Centre
Tasmania Police
Mission Australia
Catholic Care Tasmania
Anglicare Tasmania
Launceston Medical Centre
Shelter Tas



Donations & Bequests

Would you like to donate to support our work at Karinya?

Donations ensure we can continue to provide services to vulnerable and disadvantaged young women, families and youth. Donations are used in a variety of ways, including providing resources to support our programs, enable social participation in community activities, equipment and supplies to support learning needs and basic items for hygiene and clothing.

All donations over \$2 are tax deductible.

Would you like to make a bequest to Karinya?

Bequests can be a gift in your Will as a valuable legacy for the future general support of Karinya Young Women's Service. All monies received are used to support our clients and services that are based in Tasmania.

How to make a donation or bequest:

If you would like to donate please click on the link below.
www.givenow.com.au/karinyayoungwomensservice

Alternately you may wish to contact us directly at:
ceo@kyws.org.au

or post your details to:
CEO, Karinya Young Women's Service Inc.
PO Box 358, Kings Meadows, Launceston 7249



