



# **Karinya Young Mums Program**

## What is Karinya Young Mums (KYM)

KYM is a program provides accommodation and support for young parents in the Launceston area. The program aims to establish a safe, stable environment for parents and children while providing practical support.

### You are eligible for KYM if you are

15-19 years of age\* pregnant (over 20 weeks)

 and/or your youngest child is under two years of age

Are homeless or at risk of homelessness

- Able to live independently & motivated to work towards goals
- Willing to connect with Support Workers
  \*Entry age is negotiable on a case by case basis

## What does KYM support looks like?

# KYM Workers will support participants to reach their goals.

- · Parenting health & information
- · Improving independent living skills
- · Maintaining tenancy responsibilities
- · Connecting with community services
- $\cdot$  Regular visit from Case Managers
- · Participation in weekly group sessions
- · Emotional & practical parenting support

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### Who can Refer?

We accept referrals from the young person needing support, or from other community services.

### Want to know more?

To discuss the program or to make a referral please contact:

Karinya Young Mums 03 6334 8403 kymprogram@kyws.org.au www.kyws.org.au/projects



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